



Welcome to the Little Star Room! (Toddler 3)

We (Cindy and Sharon) are very excited to have your child in our classroom! We both enjoy working with toddlers very much, as they are constantly growing and changing; they are asserting their independence, yet still needing a familiar face to guide them as they learn to explore their new world.

We provide an opportunity for learning which is able to give them self-help skills as well as offer an environment that allows for great exploration through play and center-based activities. We also develop their language skills so they may communicate with the adults and children in their lives with ease. We also use stamps to help them learn their names. This program starts in the infant room here at Appleseed's and progresses through preschool. If you don't have a stamp, we ask that you have your child pick a stamp that they like.

Also, we are going to be putting pictures of your child and their family around our room. If you could bring in 3 or 4 pictures of your child and their family that would be great!

Enclosed in this packet is a questionnaire for you to fill out about your child. We are hoping to learn the most we can about your child when they come into our classroom. Please return the questionnaire to either one of us after it has been completed. Also attached, please find the "List of Things Your Little Star will need in our Classroom", and please let either of us know if you have any questions or concerns. Thank You!

Feel free to email anytime at toddler3@comcast.net. You may always call us at 772-9995 ex.4.

Regards,

Cindy and Sharon

List of things your Little Star will need in our classroom

- Spare clothes (two sets including socks)
- Sunscreen
- Sun Hat (if you would like them to wear one)
- Blanket for naptime
- Insulated lunch box with ice pack
- Diapers and Wipes
- Diaper Cream

Clothing Hints

- When packing spare clothes, please keep in mind the seasonal weather.
- Sending your child to school in sandals will eliminate the need to pack extra shoes. We do a lot of water play!
- On cooler mornings, we suggest sweat pants and spring jackets that can easily be removed at drop off. Changing Little Star friends late morning to accommodate temperature changes can cause a waiting period for other students. And in turn, causes frustration and conflict within the group.
- Please do not send your child to school in their Sunday best. We use mostly washable products however, accidents do happen.
- Soiled clothing will be bagged and labeled for you to take home at the end of the day.

Lunch Hints

- We are a nut free school. Please find enclosed in this packet lunch ideas. Please read all labels carefully for any nut warnings or warning concerning machinery that processes nuts.
- We recommend a thermos for warm meals. We are unable to heat lunches for 12 children.
- You may provide a container that your child can eat out of. We provided utensils and cups.

Parent-Teacher Communication

Our first wave of communication will be the daily white board located above the phone. Because our curriculum web is so open-ended, we will inform you of the activities that we did that day in the note.

Diaper, nap and meal charts are located above our cubbies.

For developmental assessments we are using "Creative Curriculum." Developmental profiles will be completed at least twice a year and parent teacher conferences are offered at this time, if you so choose. Of course, you may request one at any time.

Curriculum

Appleseeds Day School strives to utilize and emergent curriculum, which provides your child with developmentally appropriate activities. This means that we will be observing your child's play and social interactions in an attempt to understand their abilities and challenges. We then attempt to analyze the observations so that we can provide subsequent activities that are meaningful, challenging, and support further development in the context of themes in which the children have expressed an interest. We believe that children learn in social context and we will provide them with as many social opportunities as possible.

A copy of our learning web will be provided inside our classroom above their cubbies.

Separation and Drop-off

We understand that this moment of your day can sometimes be the hardest.

(We're moms too!!) It can be very stressful for your child. If we all work together to minimize confusion and promote consistency, it will greatly improve our chances of a smooth transition. Here are some tips for having a successful drop-off routine.

- Never sneak out! It is important that your child know that you are leaving.
- Briefly explain what it is you are doing while you are gone. I.E. "Daddy is going to work today."
- Tell your child "You will be with your friends Cindy and Sharon here at Appleseeds."
- Tell your child "I love you" and "goodbye."
- The most important thing to remember is to leave as soon as you say "Goodbye." It is crucial that your child has a clear understanding and solid expectation of what happens when they arrive at school.
- Don't be shy. Call or email whenever you would like to check in.



Little Stars'
Daily Routine

6:30-8:00 - Arrival/ Free Choice

8:00- Breakfast

8:30- Diapers/ potty/ free choice

9:00- Circle Time

9:20- Clean up circle/ getting ready for snack

9:30- 9:45 Snack time

9:45-10:15- Project time/ water and sand play

10:15-11:00- Outside time/ free choice

11:00- Diapers/ Potty time

11:30- 12:15- Lunch time

12:15- 2:30- nap time

2:30- 3: 00- Diapers/ Potty Time

3:15 - Snack

3:30- Outside Time/ Free Choice

4:15 - Diapers

4:30-5:30- Outside Time/ Free Choice

Child's name:

What would you like us to know most about your child?

What are your child's favorite activities?

What are your goals for your child (or what would you like us to help them work on)?

How do you feel about potty-training?

Are there any other concerns or information we should know about?

Dear Parents:

We just wanted to send out a reminder of our Nut-Free policy at the center.

We have a nut-free environment, which means that nut products are not allowed in the center. It also means that if the packaging says “Manufactured in a plant that processes nut products”, we do not allow those items at the center either.

We understand it can be easy to miss these items on packaging, but we are asking you to be aware of the whole policy as we have several children at the center with severe allergies and we need to take their health very seriously.

Thank you,
Appleseeds

Lunch Ideas for Appleseeds

- Cold cut sandwiches
- Soy butter or Sun butter jelly sandwiches
- Jelly and cream cheese sandwiches
- Tuna Salad
- Cold cut and cheese rolls
- Fruit cut up
- Hard boiled eggs
- Egg Salad
- Chicken Salad
- Crackers and cheese
- Yogurt
- Cottage cheese
- Bagels and cream cheese
- Left over's in a thermos
- Mac and cheese in a thermos
- Nutragrain bars
- Pasta salads
- Rice Cakes with any of the above
- Hummus with crackers, rice cakes

Dear Little Star families,

We would like to take a moment to advise you of certain food restrictions that apply to children under the age of three per state regulations. We are unable to serve the following items to your child if he/she is under the age of three.

- Spoonful's of peanut butter/soy butter/sun butter
- Whole slices of hot dogs
- Whole grapes
- Hard Candy
- Raw carrots, peas or celery
- Chip or hard pretzels (pretzel goldfish)
- Marshmallows
- Nuts or seeds
- Popcorn
- Raisins

We appreciate your anticipated understanding and compliance. If you have any questions or concerns please feel free to address them with your child's teacher.



Early Literacy

To help our infants and toddlers develop early literacy skills we use symbols with them. We ask each family to pick a rubber stamp that is special to their child.

The stamp is then placed on child's artwork, cubbies, with photos and other places where their name is written.

Each child will begin to associate their stamp with their belongings and eventually their names in print from association.

As children understand this concept more, they begin to recognize their friend's symbols and names in print.

When children show signs they are ready, the symbols are removed from next to their names in print.

FIELD TRIP PERMISSION FORM - INDIVIDUAL CHILD

Appleseed's Day School Inc.

Standing permission for one year

PLEASE PRINT FULL NAME OF CHILD, DATE OF BIRTH, GRADE, AND DESTINATION. INCLUDE NAME AND ADDRESS FOR FIELD TRIP DESTINATION. DESTINATION NAME & ADDRESS

1. Access the street to Churchills Garden Center
- 2.
- 3.
- 4.
- 5.

ESTIMATED TIME OF APPROVAL DEPARTURE

PLEASE SIGN BELOW AND SIGNATURE FOR EACH CHILD. YOU MAY SIGN FOR ALL CHILDREN IF YOU WANT YOUR CHILD TO ATTEND

MAY ATTEND TRIP YES NOT ATTEND NO SIGNATURE OF PARENT/ GUARDIAN DATE SIGNED



THIS PERMISSION FORM IS VALID FOR ONE YEAR FROM THE DATE SIGNED. THIS PERMISSION FORM IS NOT VALID FOR FIELD TRIPS TO DESTINATIONS OUTSIDE THE LOCAL COMMUNITY.